

MODERN LUXURY

# HAMPTONS



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JAMIE CHUNG



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### BRIDGET MOYNAHAN

The Hamptons-based beauty always brings a bit of glamour to the East End—and some gravitas to *Blue Bloods* as Assistant District Attorney Erin Reagan-Boyle. We polled the model-turned-screen star for her daily brief.



space GARDEN





What are some of the exciting new features people should consider adding now that we are spending more time than ever at home? Vegetable gardens—I've had so many requests for vegetable and herb gardens. I think it's wonderful; there's nothing like reaching for your own herbs when you're cooking outside. It's an introduction to the lifestyle of gardening, and studies (and a great deal of personal experience) show that caring for plants is so beneficial to our mental health.

For accessories, I'd recommend solar lanterns. They come in beautiful colors, and you can move them around and let them charge all day in the sun; it's just more sustainable and easier than plugging something in. I sell spheres

and some with handles, which I always imagine being carried out at sunset with a bottle of Champagne.

What do you think is the most important thing to consider when designing a garden or outdoor space? My approach to garden and landscape design is formed on a foundation of sustainability and beauty. My aesthetic is where the composed meets the natural—I'm guided by the forms and compositions of nature, but I heighten those expressions to create a new experience. I recently took the time to really consider my design process in my book, *Bloom: The Luminous Gardens of Frederico Azevedo*, which is divided into chapters that each focus on one essential concept,

such as vista or border. I'd say one of the most important things is color—I don't make any decisions without seriously considering the palette I'm creating.

What new things do you suggest clients and Hamptonites consider trying in their garden this spring?

I'd say go green, and I mean that literally. Some of my gardens are only in greens, and the effect is really striking. Green actually enhances our ability to perceive other colors and makes us feel relaxed because our eyes don't have to strain as much to see it at the center of the visible light spectrum. A careful balance of green hues really adds a richness and an almost magical feeling to any garden.

What plans do you have for the summer in the Hamptons?

Well, I'm hoping for things to keep improving, so I'll be continuing to visit all of my favorite local spots and supporting all of the amazing stores and restaurants out here that make each town so unique. Summer is also a very busy season for me, so I'll also be spending time running the new Garden Market and helping people conceptualize their dream lives outdoors.

Any other business news or updates?

This June I'm opening the Garden Market, a new structure at my 2249 Scuttle Hole Road headquarters. I've always encouraged the use of native and well-adapted plants, and this new facet to the Unlimited Earth Care experience will allow me to directly share my bloom philosophy (and the freshest plants from local growers).

My book, *Bloom: The Luminous Gardens of Frederico Azevedo*, is available on Amazon and on the Pointed Leaf Press website. ■

